



# ANDRIS OLINS JUNIOR LESSONS SEPTEMBER - MAY SCHEDULE

**MON | 3:30 P.M. - 4:00 P.M.  
LIL BOUNCERS {RED BALL} \$6**

Lil Bouncers is appropriate for young players just starting out with little or no tennis experience. We will play fun games to develop agility, balance and hand-eye coordination. The basic tennis strokes are taught using a Red Ball on a 36-foot court.

Ages 5-6

**TUES & THURS | 4:00 P.M. - 5:00 P.M.  
ACES {ORANGE BALL} \$11**

This class focuses on the basic fundamental techniques for ground strokes, volleys, and serves. Agility, balance and coordination skills are incorporated into exercises and games along with live-ball play. We will start to play points with a 36-foot court working toward rallies and proper court positioning. This group is broken up into two levels; Aces 1 and Aces 2. The second level of Aces will move to the 60-foot court using Orange balls. Ages 7-8 (recommended)

**MON, TUES, & THURS | 5:00 P.M. - 6:00 P.M.  
SMASHERS {GREEN & YELLOW BALL} \$11**

This class is appropriate for beginners to intermediate players using the Green Ball on a full court. They will learn to sustain rallies and work on directional hitting. Agility, Balance and Coordination are emphasized with stroke and tactical development in live-ball play and scoring. Players in this class are encouraged to play matches on the first Saturday of every month. Ages 9-15 (recommended)